1. Allow your child to use a tool, such as tweezers, with supervision.
2. Find a book that describes holidays around the world. Choose a new holiday to observe with your family, or invent one.
3. Make a "touch box." Put items such as cotton balls, rocks and small toys into it. Can your child guess what she's touching without looking?
4. Have a jump rope contest today. See how many jumps your child can do in a row.
5. Start a nature log. Have your child draw a picture of the same outdoor feature, such as a tree, every few months.
6. With your child, decorate a box and cut an opening in the top. Place notes for your child in it. Let him "mail" letters or drawings to you.
7. Tell your child a story about when she was a baby.
9. Challenge your child to draw blindfolded.
10. Collect canned goods for a shelter or food bank. Take your child with you as you deliver them.
11. Help your child learn his age and birthday.
12. Stretch a rope on the ground. Show your child how to jump over it from side to side.
13. Let your child decorate each finger of an old pair of gloves. Help her put on a finger puppet show.
14. Place a flat object, such as a penny, on a piece of paper. Have your child paint over it, then remove the object to see the design.
15. Look at a school bus. Ask your child, "How is it different from a car?"
16. Plan a No TV Night. Read or play games instead.
17. Find a new word in the dictionary. Talk about what it means with your child. Use it in sentences today.
18. Play three different types of music today. Together, make up movements for each one.
19. Tonight, talk about things that made you and your child happy today.
20. When serving food, talk with your child about how you divide it. "There are two of us and one apple. We'll cut it into halves."
21. Have your child draw a picture. Ask him to make up a story about it and tell it to you.
22. Make a list of all the things that make your family members thankful.
23. Let your child help you bake and decorate cookies.
24. Talk about shapes you can see while riding in the car, such as different road signs.
25. When your child tries to do something, praise her effort.
26. Fill glasses with different amounts of water. Have your child tap them gently with a metal spoon and listen to the different tones.
27. Ask your child to build a city using blocks or boxes.
28. Glue a photo of a family member on a page. Have your child decorate around it with drawings.
29. Give your child some books to arrange according to size.
30. Write a number and have your child mold the shape of the number with clay or play dough.