March 2018

1. Spring arrives this month! Help your child plant a seed in a plastic cup.
2. At the hardware store, look for materials and instructions for building a simple birdhouse with your child.
3. Let your child choose a recipe and help you make it for dinner tonight.
4. Fill a box with cotton balls, rocks and pieces of tree bark. Can your child reach in and guess what she’s touching without looking?
5. Have a family reading party. Read, eat snacks, then retell the stories.
6. Help your child say or do things that make family members feel good about themselves.
7. Make a paper crown and let your child play “ruler” for a day. What rules would she set?
8. Show your child the change from your pocket. Can he identify the coins by name? Talk about the sizes, colors and values.
9. Share a dessert. Together, think of words to describe it, such as sweet.
10. Ask your child to pretend that one of her stuffed animals is sad. What could she do to help it feel better?
11. Share something of yours with your child today. It’s the best way to teach him to share with others!
12. Tap out a simple rhythm with a spoon. See if your child can copy it.
14. Review with your child her full name, age, phone number and address.
15. Show your child how letters can be written in uppercase and lowercase.

Daily Learning Planner: Ideas Parents Can Use to Help Children Prepare for School—Try a New Idea Every Day!

17. Have a green day. Wear green, eat green foods, look for green objects.
18. Set up a well-lit corner with favorite books and pillows. Encourage your child to get cozy with books.
19. Practice counting to five, 10 or 20 with your child, as his skills allow.
20. Talk with your child about the differences between night and day.
21. Describe a noise and ask your child to tell you if it’s loud or soft. Examples: thunderstorm (loud), kisses (soft).
22. Use sidewalk chalk to draw outside with your child.
23. Drop a pebble in a glass of water. Have your child describe what happens. Now drop in a small plastic bottle cap. What is different?
24. Bake cookies with your child today. Shape the dough into numbers.
25. Show your child how to use scissors safely.
26. Teach your child the Golden Rule—treat others as you would like to be treated.
27. Have your child rub her hands together quickly. What happens?
28. Go outside together and watch the wind moving through the trees. What sound does the wind make?
29. Talk with your child about when to say excuse me.
30. Take your child to see a construction site. From a safe distance, talk about what the workers are doing and the machines they are using.
31. With your child, practice walking sideways, backward and on tiptoe.